



## uker WFB High School - Softball

## Team Rules

The violation of any of the following team rules will result in penalties ranging from playing time reduction to dismissal from the team. Violations will be dealt with on an individual basis with Coach Middendorf.

- 1. Attendance at practice and games is mandatory unless you are told otherwise. All players are expected to be at EVERY practice and game and attend all team activities.
  - Schedule all outside appointments at times that will not conflict with softball. Please communicate with me if you have tried all other options.
  - Missing the practice before a game results in not starting the following game.
  - Missing a game results in not starting the following game.
  - This puts your team in a tough position; *make softball a priority while in season.*
- 2. Be on time. Practice starts at 3:30 which means, you are in *tied* shoes, glove in hand, ready to run with team by 3:29:59.
  - If you need to meet with a teacher after school, change first, then see the teacher, and come to practice with a note from that teacher.
- 3. Academics come first. WFB Softball has had a strong tradition with academic excellence. Let's continue this tradition! Don't let softball get in the way of your academics.
- 4. Always be prepared! Your softball bag has your **binder**, **cleats**, **tennis shoes**, **water bottle**, <u>mouthguard</u>, <u>Pitcher/corner infield facemask</u>, a labeled glove stored with a ball inside, sliding pad, visor/sunglasses, sweatpants, and sweatshirt so that you always have the necessities with you. *Pitchers should have rubber cleats* with them at all times.
- 5. <u>Mouthguards are required during games and practices.</u> Dr. Sandvick's office will form a mouthguard for free for athletes. Call 414-962-4100 to set up an appointment. <u>All pitchers, 3rd basemen, and 1st basemen must wear a facemask.</u> Burghardts has reasonably priced masks.
- 6. All players are expected to ride the team bus to and from games. If you plan to ride home with your parent or a teammate's parent, your parent needs to talk to the head coach prior to leaving the game site.
- 7. All players are to follow all rules set forth by the WFB Athletic Code of Conduct.
- 8. **Communication** is an expectation in any team sport on the field and off. Plan ahead and talk to me in advance if you need to miss a practice/game or if you have any questions or concerns before, during, or after the season! My email is: jessica.middendorf.softball@gmail.com and my school phone is: 414-263-6800 x4199.
- 9. If there are any problems during the course of the season, please use the following line of communication to find a solution:
  - a. Player addresses individual coach
  - b. Parents address individual coach
  - c. Player/Parents address Head Varsity Coach
  - d. Player/Parents address Athletic Director
  - e. Player/Parents address Principal

\*\*WFB softball players support each other, are enthusiastic, work hard, and are dedicated to improving their softball skills. They do not complain about the Wisconsin weather, the umpire calls, and the opponents they face. They take a mistake and look at it as an opportunity to improve. "It's hard to beat a person who never gives up"-Babe Ruth\*\*